



**Thank you to:**

**TOLLER  
BEATTIE  
SOLICITORS**

Who have kindly offered pro bono work to the value of **£1000** for a joint project that CPND is undertaking with other charities.

Thank you also to **Enterprise 4 Inclusion** who have donated **£12 000** plus 30 days advisory support to CPND's Jigsaw Project, and specifically for the new Gardening project, featured on the next page.

CPND greatly appreciates this support!

**New name for a new era!**

1 October 2005 sees the launch of a new era for Barnstaple based **Community Projects North Devon (CPND)**. We are pleased to announce that our very local, North Devon charity has taken the forward thinking step of changing our name to reflect better our 21st century activities and ideals. Our former name, **North Devon Housing Society**, is now relegated to our archives, with fond memories, but in the sure knowledge that our projects today have developed far beyond the original charity, which was first established more than 30 years ago.

Community Projects North Devon today is responsible for a range of projects which offer support, care and training for

- ⇒ people who are homeless or are threatened with homelessness;
- ⇒ those recovering from alcohol and drug problems;
- ⇒ those in the community who have additional support needs;
- ⇒ people with a learning disability.

We are launching our new name in Greenlanes Shopping Centre, Barnstaple, today 1 October. In sharing with you this important date in our development, we encourage you to read about all our projects, featured in this our first newsletter.

**Please support us in any way you can! Ask us how you can help.**



**VOLUNTEERS NEEDED!**

**Have fun, meet new people, do something worthwhile! Please join our team of volunteers.**

**Call 01271 327564**

**A CLASS Artist!**



*Budding artist, Janet*

CLASS (Community Living Adult Support Services), a CPND project, is encouraging one of its residents, Janet, to pursue her love of painting. Janet, a Learning Disabled lady, has produced several pictures, some of which she says she plans to give to friends and relatives as Christmas presents.

CLASS encourages independent living amongst its 38 residents, but recently much Day Care for Learning Disabled was withdrawn by the County Council. This has meant that many Learning Disabled adults no longer have access to activities that are specifically geared towards their needs. Janet is one of the luckier ones. She has the financial means to enable her to attend a half day out at a centre near her, where she is learning how to paint. Other CLASS residents, as well as CPND's Northdown Lodge residents, however, can no longer follow their interests, meet or interact with their friends. CPND hopes to tackle this sad situation through networking with other charities, and possibly creating tailor made activities for the Learning Disabled. Funding is always an issue, however.

We would welcome ideas for Day Care from readers, including offers of support

**PHONE US TO FIND OUT MORE ABOUT THE WORK THAT CPND DOES.**

**TEL: 01271 322013**

## A very special family

**Northdown Lodge** is home to six people who suffer Learning Disabilities. A team of professionally trained carers helps them live as independently as their abilities allow. Like any other family, no two days are the same.

"Sometimes there is frustration because it is difficult to communicate how you feel or what you need if you don't have speech," comments Lorraine, Project Manager. "During our day there is lots of laughter as we all have a sense of fun. When friends and family visit it is another good excuse for more cups of tea, choccie biscuits and a 'chin wag' to update them on what we have been doing. Our house is really no different to anyone else's and our residents are just the same as you and me, except their disabilities make them vulnerable."

Freedom of choice is important to the residents, who decide for themselves what time they get up and go to bed. Each resident has his or her own private bedroom, decorated and furnished to their own tastes.

Lorraine warmly invites visitors, "Ours really is a happy house and if you want to come and find out if I'm telling the truth, you would be made welcome!"

A box of chocolates to:

Pete, Joint Homelessness Projects Officer, for winning our internal competition for naming this newsletter. We think **PIECES** is a good one!

A box of Maltesers to Neal, Jigsaw Project Coordinator, whose name **COMPENDIUM**, came a close second.



**Northdown Lodge residents enjoy regular outings with their carers, where fun is part of the day.**

## Jigsaw Growers

Thanks to funding from Enterprise 4 Inclusion, Jigsaw Project Manager, Kim, can now offer Gardening/Horticulture as a new course for trainees who come to the project, usually through referrals from other CPND projects. A large piece of land has been leased to the project in East the Water, Bideford, shown in the photo where the tree line starts. Jigsaw already offers furniture repair and restoration, French polishing, veneering, carpentry, picture framing and upholstery. "Jigsaw Growers" as the new course is called, is sure to be a popular additional course, giving those recovering from substance misuse, and learning disabled service users, opportunities to learn from their enjoyment of the outdoors. It is planned that the course will begin during 2006.



## Thank you CPND!

Comments from service users, who have been placed in accommodation with CPND's **Housing and Support Services**:

*"Thanks for letting me spend some time with you. I appreciate the time you have all given me"*

*"Thank you for your help with my new house! All has gone well and we are all still unpacking but happy!"*

*"Beautiful People!. You are inspiration. Peace, love, happiness, and joy!"*

*"Thank you very much for your time and help when it was most needed"*

## Bridge Project awards certificates

CPND's Bridge Project are now awarding "encouragement" certificates every six months. Each resident is given a certificate for achievement in sustaining accomplishment and abstinence from drugs and alcohol. This is a positive reinforcement for residents in their recovery from drug or alcohol dependency.

CONTACT US!

The newsletter is edited by Toni Hamilton, Development Manager. We hope you have enjoyed reading it.

If you have received this by post, it is a requirement of the Data Protection Act 1998 that we inform you that your details are kept on our internal database. We do not pass them on to any other organisation. If you wish us to remove your details, please kindly inform us by phone, e-mail, or per letter.

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